Generally speaking, monthly living costs in Strasbourg may amount to the following:

- **Accommodation**: between 300 and 600 euros depending on the type of accommodation, caf allowance not included.
- **Food and other daily expenses**: between 300 and 500 euros per month. University’s cafeterias (RU) offer affordable meals including appetizer, main dish and dessert (for 3.25€).
- **Transport**:
  - 19-25 years old: 26.6€
  - 26-64 years old: 50.80€
  
    *For a monthly bus/tram pass.*

**PASS CAMPUS CARD**

- It is the University of Strasbourg student card.
- It serves as a cash card for university services, transportation, restaurants ect.
- It allows students to get two-course lunches in University cafeterias (RU) for 3.25 euros.
- Discounted tickets for cinema, concerts, exhibitions and other cultural events.

**WHAT TO BRING**

- **CLOTHING**
  Pack for all seasons. It gets very cold in the winter (down to -10 C) and very warm in the summer (up to + 35 C).

- **DON’T PACK TOO MUCH**
  Strasbourg is a modern city with shopping malls, pharmacies, and grocery stores. Keep in mind the weight limits of airline baggage.

- **ELECTRONICS**
  The plugs in France may be different from the ones in your country. Use an adaptor or buy new or second hand appliances.

**SPORT**

Students have the possibility to register for sports online at [https://sport.unistra.fr/suaps/actualites](https://sport.unistra.fr/suaps/actualites). Registration gives access to 2 to 4 activities out of 60 offered per semester at the University of Strasbourg.
**SPECIAL DIETARY REQUIREMENTS**

Here are two non-exhaustive lists of supermarkets where students can find suitable food for special dietary needs.

**Ethnic Food:**
- **Halal Food:** Pro Inter  
  105 Rue de la Plaine des Bouchers  
  67100 Strasbourg  
  Monday - Sunday, 8am to 8pm.
- **Kosher Food:** FB Espace Casher  
  2 Avenue de la Forêt-Noire  
  67000 Strasbourg  
  Monday - Friday, Sunday, 8am to 9pm.
- **African Food:** Espace Boniface  
  28 rue de la course  
  67000 Strasbourg
- **Asian Food:** Paris Store  
  27 Rue du Faubourg de Saverne, 67000 Strasbourg  
  Monday - Saturday, 10 am to 7pm

**Vegan, Vegetarian and Gluten Free**
- **Naturalia**  
  37 bld de la Victoire  
  67000 STRASBOURG  
  3 rue d'Austerlitz  
  67000 Strasbourg  
  Monday - Saturday, 9am to 8pm.
- **Biocoop**  
  6 rue de Sebastopol  
  67000 Strasbourg  
  Monday - Saturday, 10am to 8pm.
- **Auchan Supermarché**  
  8 rue de Leicester  
  67000 Strasbourg  
  Monday - Saturday, 8am to 8:30pm.
CROUS RESTAURANTS AND OPENING HOURS

The student card and the izly account give access to the following Crous restaurants:

- **Resto' U Esplanade**
  Tram C, E & F stop: Université
  32 Boulevard de la Victoire
  **Monday-Friday:** 11.30 am to 1.45 pm
  **Take-out:** 11.30 am to 2.30 pm

- **Resto' U Paul Appell**
  Tram C, E & F stop: Université
  Bus 30, 31 & 15 stop: Palerme
  23 rue du Jura 67000 Strasbourg
  **Monday-Friday:** 11.30 am to 1.45 pm / 6.30 pm to 8.30 pm
  **Saturday-Sunday:** 11.30 am to 2.00 pm

- **Resto' U Illkirch**
  Tram A stop: Campus d'Ilkirch
  76 Route du Rhin 67400 Illkirch-Graffenstaden
  **Monday-Friday:** 11.30 am to 1.30 pm

- **Resto' U Gallia**
  Tram C, E & F stop: Gallia
  1 place de l'Université 67000 Strasbourg
  **Monday-Friday:** 11.30 am to 2.00 pm / 6.30 pm to 8.30 pm
  **Saturday-Sunday:** 12.00 pm to 2.00 pm

For more information go to [http://www.crous-strasbourg.fr/restauration/](http://www.crous-strasbourg.fr/restauration/)