LIVING IN STRASBOURG

LIVING COSTS IN STRASBOURG

Generally speaking, monthly living costs in Strasbourg may amount to the following:

• **Accommodation:** between 300 and 600 euros depending on the type of accommodation, caf allowance not included.

• **Food and other daily expenses:** between 300 and 500 euros per month. University’s cafeterias (RU) offer affordable meals including appetizer, main dish and dessert (for 3.30€).

• **Transport:**
  - 19-25 years old: 27.6€
  - 26-64 years old: 51.80€
  
  *For a monthly bus/tram pass.*

PASS CAMPUS CARD

• It is the University of Strasbourg student card.
• It serves as a cash card for university services, transportation, restaurants ect.
• It allows students to get two-course lunches in University cafeterias (RU) for 3.30 €.
• Discounted tickets for cinema, concerts, exhibitions and other cultural events.

WHAT TO BRING

• **CLOTHING**
  Pack for all seasons. It gets very cold in the winter (down to -10 C) and very warm in the summer (up to + 35 C).

• **DON'T PACK TOO MUCH**
  Strasbourg is a modern city with shopping malls, pharmacies, and grocery stores.
  Keep in mind the weight limits of airline baggage.

• **ELECTRONICS**
  The plugs in France may be different from the ones in your country.
  Use an adaptor or buy new or second hand appliances.

SPORT

Students have the possibility to register for sports online at [https://sport.unistra.fr/suaps/actualites](https://sport.unistra.fr/suaps/actualites).
Registration gives access to 2 to 4 activities out of 60 offered per semester at the University of Strasbourg.
FRENCH NATIONAL HOLIDAYS

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
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<td>New Year</td>
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<td>May 1st</td>
<td>Labour Day</td>
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<td>May 8th</td>
<td>Armistice of WWII</td>
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<td>Spring</td>
<td>Pentecost Monday</td>
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<td></td>
<td>Good Friday Easter</td>
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<td>Easter Monday</td>
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<td>July 14th</td>
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<td>Bastille Day</td>
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<td>August 15th</td>
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<td>November 1st</td>
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<td>November 11th</td>
<td>Armistice of WWI</td>
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<td>December 25th</td>
<td>Christmas</td>
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<td>December 26th</td>
<td>St. Stephen's Day</td>
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OPENING HOURS IN FRANCE

In France, a few public services, shops and other services are open without interruption from 8:00 am to 7:00 pm. Administrative offices usually open from 8:00 am to 5:00 pm.

Most shops, banks and public services will close for one or two hours during lunchtime (between 12:00 pm and 2:00 pm). Banks, public services and most stores are closed on Sundays.

In France, the 24 hour system is used to tell time. In the morning it goes from 00h00 (12:00 am) to 12h (12:00 pm). In the afternoon it goes from 13h (1:00 pm) to 24h (12:00 am).

SPECIAL DIETARY REQUIREMENTS

Here are two non exhaustive lists of supermarkets where students can find suitable food for special dietary needs.

**Ethnic Food**

- **Halal Food**: Pro Inter
  105 Rue de la Plaine des Bouchers
  67100 Strasbourg
  Monday - Sunday, 8 am to 8 pm.

- **Kosher Food**: FB Espace Casher
  2 Avenue de la Forêt-Noire
  67000 Strasbourg
  Monday - Friday, Sunday, 8 am to 9 pm.

- **African Food**: Espace Boniface
  28 rue de la course,
  67000 Strasbourg

- **Asian Food**: Paris Store
  27 Rue du Faubourg de Saverne, 67000 Strasbourg
  Monday - Saturday, 10 am to 7 pm

**Organic, Vegan, Vegetarian and Gluten Free**

- **Naturalia**
  37 bld de la Victoire
  67000 STRASBOURG.
  3 rue d'Austerlitz
  67000 Strasbourg
  Monday - Saturday, 9 am to 8 pm.

- **Biocoop**
  6 rue de Sebastopol
  67000 Strasbourg
  Monday - Friday, 10 am to 8 pm.
  Saturday, 10 am to 7 pm

- **Auchan Supermarché**
  8 rue de Leicester
  67000 Strasbourg
  Monday - Saturday, 8 am to 8:30 pm.
CROUS RESTAURANTS AND OPENING HOURS

The student card and the izly account give access to the following Crous restautants:

• **Resto' U Esplanade**
  Tram C, E & F stop: Université
  32 Boulevard de la Victoire
  **Monday-Friday:** 11:30 am to 1:30 pm
  **Take-out:** 11:30 am to 2:30 pm

• **Resto' U Paul Appell**
  Tram C, E & F stop: Université
  Bus 30, 31 & 15 stop: Palerme
  23 rue du Jura 67000 Strasbourg
  **Monday-Friday:** 11:30 am to 1:45 pm / 6:30 pm to 8:30 pm
  **Saturday-Sunday:** 11:30 am to 2:00 pm

• **Resto' U Illkirch**
  Tram A stop: Campus d'Illkirch
  76 Route du Rhin 67400 Illkirch-Graffenstaden
  **Monday-Friday:** 11:30 am to 1:30 pm

• **Resto' U Gallia**
  Tram C, E & F stop: Gallia
  1 place de l'Université 67000 Strasbourg
  **Monday-Friday:** 11:30 am to 1:45 pm / 6:30 pm to 8:45 pm
  **Saturday-Sunday:** 12:00 pm to 2:00 pm

For more information go to [http://www.crous-strasbourg.fr/restauration/](http://www.crous-strasbourg.fr/restauration/)